## Independence and Dignity Abilities movement, 50th anniversary

- "I Seek Opportunity, not Security!" -

In September 1965, in Shinjuku, at Tokyo Kōsei Nenkin Kaikan, Asahi Shimbun Welfare Foundation invited Dr. Henry Viscardi, Jr., President of American Abilities, Inc. to speak there.

Two months prior to this, in July I wrote a letter to Dr. Viscardi, and I received his book with the reply. After the lecture, I met him for the first time. I was so impressed by the warmth of his hands at our handshake. My life has been guided by his magnetic force. At that time, he was 53 years old and I was 23.

March of the following year, I graduated from Waseda University. In April, with the same philosophy and spirit of the American Abilities movement, the Abilities movement in Japan, was born, for people with mental and physical disabilities. "Credo of Abilities", I believe, comes from the philosophy and words of Mr. Dean Alfange, an American politician. I embraced that as well, and incorporated it into the movement. And so, Japan Abilities Association (NPO) began April 17, 1966.

At age 1, I developed a lower limb paralysis from polio. In elementary school, I couldn't participate in physical education classes or sports at all. I couldn't join school excursions either, throughout my childhood. In applying for job interviews, my application was rejected by over one hundred companies because of the disability in my body. On the phone, I was also told, "We do not hire people with disabilities." From what I experienced first-hand of discrimination and prejudice, and understanding that it was not only me but so many others, I was determined to change this, at any cost; such discrimination must be eliminated. As the years passed, the determination has strengthened and remained firm.

During my college student days, I visited several facilities for the disabled; there were not many at that time. By graduation, I was preparing to establish a "company for handicapped people with disabilities" in order to prove that we were thoroughly capable of good, productive work, despite a physical or mental condition.

On June 11,1966, two months after Japan Abilities Association was established, Japan Abilities Printing, Inc., predecessor to today's Abilities Care-net, Inc. was established. (It evolved first into Japan Abilities, Inc., then into

Abilities Care-net, Inc.) We began with capital of 1.5 million yen. There were six of us, including myself, with varying degrees of upper and lower limb paralysis, cerebral palsy, and even someone in early stages of hearing and speech loss.

The company began with the printing business, and in 1974, diversified to include technical aids for the disabled. Since 1999 we have expanded into management and establishment of elderly care facilities, rehabilitation, healthcare and medical facilities, ever-mindful of the changing times. And in 1974, at the request of the Ministry of Health and Welfare, I created the International Home Care and Rehabilitation Exhibition for assistive equipment. This exhibition celebrates its 43rd year, this year.

Looking back, there have been many challenges. However, I have also experienced warmth and kindness and helping hands from the many who have supported us throughout these 50 years.

In 1971, I sent a proposal to Mr. Kenzaburo Hara, Minister of Labor, and he invited me to meet with him. I asked him to review my proposal, requesting reform of the employment law for people with disabilities. This created the platform for the Minister to issue an official review of employment measures for persons with disabilities. As a result of this review, the employment rate system and subsidy program was established in 1975 by the National Assembly. And as a result of this law, in 1978, the Department of Labor officially certified Japan Abilities Printing, Inc. as a model corporation of the first degree for severe disabilities employment.

A National Network to implement the Disability Discrimination Act was formed by 12 major disability organizations, who joined forces in 2001. And so began a new phase in the national movement in parliament, and a focus on international exposure as well.

In 2006, the United Nations General Assembly held a Resolutions Convention on the Rights of Persons with Disabilities. And in 2007, Japanese Foreign Minister Masahiko Komura was charged with signing the resolution. In order to ratify the U.N. Convention on the Rights of Persons with Disabilities, in Japan the process was long and arduous. Current laws of each country had to be reviewed. So much had to be considered, including the Convention, and Meiji era law. Such a task was difficult and overwhelming. Therefore, a new law was absolutely necessary to prohibit disability discrimination. In 2009 there was a regime change in September, and review of the disability system began to move forward, largely due to the decision of the new Prime Minister Yukio Hatoyama. The decision was made: for the people with disabilities in mind and body, basic human rights should be ensured, that is, conventional protection, assistance, beyond the social welfare system of relief; of people with disabilities in mind and body, life should be guaranteed by the Constitution. It is to carry out the perspective development and institutional reform of the law to ensure the "right as a nation."

In November 2010, Disability Discrimination Committee by members of legal scholars was created in the Cabinet Office and I was appointed Vice Chairman. After 2 years, 25 meetings of the Subcommittee, performing over 100 hours of research, we submitted a report to the government in September 2012.

There were twists and turns. Year 2013 - in May the House of Representatives; in June the Upper House and finally, it passed unanimously, and became law in April of this year (2016). Coincidentally, this was the same month that the Abilities movement began, 50 years before.

At the commemoration celebrating the June 1966 start of the Abilities movement, I said that "the goal of Abilities Movement is to no longer be needed." And I would like that. We shouldn't have to have companies where only people with disabilities work. It is not the natural order. We should be a society that works without discrimination.

The Disability Discrimination Elimination Act came into being. However, the end of discrimination is still likely to take a long time. Japan Abilities Association, along with the Abilities Care-Net has been a proven leader in the Abilities Movement and awareness of it. And, through our business, we progress towards realization of the ideals that are shown in the Credo of Abilities. We are determined to continue our efforts. We ask for your support, cooperation and participation in the Abilities Movement.

(Delivered on June 11, 2016 NPO Japan Abilities Association of the General Assembly)